

**ATM Mutations**

*Cancer Risks and General Management Recommendations*

| Cancer Type                  | ATM Mutation Carrier Cancer Risks | General Population Lifetime Cancer Risks | Surveillance/Management Recommendations <sup>1</sup>   |
|------------------------------|-----------------------------------|--|--|
| Female Breast <sup>2-4</sup> | 28%-38%                           | 12.4%                                    | <p><i>Surveillance</i></p> <ul style="list-style-type: none"> <li>• <u>Age 40 years:</u> Annual mammogram with consideration of tomosynthesis; consider breast MRI with contrast               <ul style="list-style-type: none"> <li>○ Age to initiate breast surveillance may be modified based on family history (typically 5-10 years earlier than the youngest breast cancer diagnosis in the family, but no later than age 40)</li> </ul> </li> </ul> <p><i>Surgery</i></p> <ul style="list-style-type: none"> <li>• Insufficient evidence for risk-reducing mastectomy (RRM) based on ATM mutation status alone; management should be based on personal risk factors and family history</li> </ul> <p><i>Radiation Exposure</i></p> <ul style="list-style-type: none"> <li>• Individuals with two ATM mutations have Ataxia Telangiectasia and are very sensitive to radiation. However, it is not yet clear whether individuals who have one ATM mutation are more sensitive to radiation exposure and at what levels.<sup>5-7</sup></li> <li>• ATM mutation should not lead to a recommendation to avoid radiation therapy at this time.</li> </ul> |
| Pancreas <sup>8,9</sup>      | Increased                         | <1%                                      | <p><i>Surveillance</i></p> <ul style="list-style-type: none"> <li>• <u>Age 50 years:</u> Consider surveillance using annual abdominal MRI/MRCP, EUS, and/or enrollment in research protocols for individuals with pancreatic cancer in ≥1 first- or second-degree relative from the same side of the family as the ATM mutation               <ul style="list-style-type: none"> <li>○ Age to initiate pancreatic surveillance may be modified based on family history (10 years younger than the earliest diagnosis in the family)</li> <li>○ In absence of a close family history of pancreatic cancer, no pancreatic screening is currently recommended</li> </ul> </li> </ul>  |
| Prostate <sup>2,6,8</sup>    | Unknown or insufficient evidence  | 11.2%                                    | <p><i>Surveillance</i></p> <ul style="list-style-type: none"> <li>• No consensus management guidelines</li> <li>• Discuss family history and prostate cancer surveillance options (i.e., PSA, digital rectal exam) with a physician to determine an appropriate surveillance regimen</li> </ul> <p><i>Treatment<sup>10</sup></i></p> <ul style="list-style-type: none"> <li>• Olaparib (Lynparza), a PARP inhibitor, is being evaluated for the treatment of metastatic, castration resistant prostate cancer in patients with an ATM mutation. However, the use of Olaparib for this indication is considered investigational at this time. Patients should speak with their treating physician for more information regarding Olaparib.</li> </ul>   |
| Ovary <sup>11</sup>          | Potentially increased             | 1.3%                                     | <ul style="list-style-type: none"> <li>• Insufficient evidence to recommend risk-reducing salpingo-oophorectomy (RRSO) based on ATM mutation status alone;</li> </ul>  |

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|  |  |  | management should be based on personal risk factors and family history. |
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Other Cancer Risks: There may be other cancer risks associated with *ATM* mutations for which we do not yet have sufficient evidence to warrant intervention, including melanoma and cancers of the mouth, throat, thyroid, and uterus, as well as leukemias and lymphomas. Further research is needed to make conclusions about these cancer risks.<sup>12,13</sup>

#### *Implications for Family Members/Reproductive Considerations*

- First-degree relatives (i.e., parents, siblings, and children) have a 50% chance to have the familial *ATM* mutation. Second-degree relatives (i.e., nieces/nephews, aunts/uncles, and grandparents) have a 25% chance to have the familial mutation.
- Rarely, individuals inherit two *ATM* mutations (one from each parent), and have Ataxia Telangiectasia (AT).
  - AT significantly effects childhood development, particularly motor control, and greatly increases the risk for multiple types of cancer.
  - *ATM* genetic testing for the partner of an individual with an *ATM* mutation may be appropriate to clarify the risk of having a child with AT.
- For carriers of a known mutation, assisted reproduction (with or without egg or sperm donation), pre-implantation genetic testing, and prenatal diagnosis options exist.
- All family members are encouraged to pursue genetic counseling to clarify their risks. Family members can visit [www.FindAGeneticCounselor.com](http://www.FindAGeneticCounselor.com) to find genetic services near them.

#### **References**

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